

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Aviva Merrillville

February 2026

<p>10:00 Spirit Mindfulness (TV) 10:30 Chronicles and Snacks 11:00 Morning Stretches 2:00 Easy Listening Music & Yoga 2:30 Snacks 3:00 Treat Bingo</p> <p>Tu B'Shevat Begins</p>	<p>10:00 Cardio 10:30 Snacks 11:00 Groundhog Day Storytime 1:30 Groundhog Movie Showtime 3:30 Snacks 4:00 Afternoon Stretches</p> <p>Groundhog Day</p>	<p>10:00 Arm Weights 10:30 Snacks 11:00 Trivia 1:00 Chef's Corner w/ Angie 2:00 PetLand Puppy Visit 2:30 Snacks 3:00 Jeopardy Trivia 4:00 Music Therapy Solid Gold Oldies</p>	<p>10:00 Leg Day 10:30 Snacks 10:30 LOFT Kids Crafts Activity Room Hour 1:30 Welcome Committee 2:30 Snacks 3:30 Finish That Phrase Home-Made Soup Day</p>	<p>10:00 Yoga 10:30 Chronicles & Snacks 11:00 Music Therapy Disco 2:00 Afternoon Stretches 2:30 Snacks 3:00 Balloon Table Soccer 4:00 Activity Room Easy Listening & Sensory Station</p>	<p>10:00 Cardio 10:30 Snacks 11:00 Activities w/ Nancy 2:00 Bingo 3:30 Music Therapy- Disco Dance</p>	<p>10:00 Morning Stretches 10:30 Chronicles and Snacks 2:00 Valentine Card Craft 3:00 Snacks 3:30 Balloon Table Soccer 4:30 Afternoon Stretches</p>
<p>10:00 Catholic Mass (TV) 10:30 Chronicles and Snacks 11:00 Morning Stretches 2:00 Bowling 3:00 Snacks 3:30 Hand/Nail Care 4:00 Finish That Phrase Cards</p>	<p>10:00 Cardio 10:30 Snacks 11:00 Music Therapy Motown 2:00 Men's Group Action Show 2:30 Snacks 3:30 Aroma Therapy</p>	<p>10:00 Arm Weights 10:30 Snacks 11:00 Trivia and Riddles 1:00 Chef's Corner 2:00 Ladies Group Crafts 2:30 Snacks 3:30 Afternoon Stretches</p>	<p>10:00 Fit Group USA Cardio 10:30 Snacks 10:30 LOFT Kids Crafts Activity Room Hour 2:00 Happy Hour Drinks 2:30 Snacks 3:00 Music Therapy Disco 3:30 Basketball</p>	<p>10:00 Yoga 10:30 Snacks 11:00 Catholic Communion w/ Ruben 1:30 Hand Care 2:30 Movie Showtime and Popcorn</p>	<p>10:00 Cardio 11:00 Activities w/ Nancy 2:00 Bingo 2:30 Snacks 3:30 Mardi Gras Trivia 4:00 Activity Room Easy Listening</p>	<p>10:00 Morning Stretches 10:30 Chronicles and Snacks 2:00 Valentine Love Songs 2:30 Snacks 3:00 Balloon Volley 4:30 Afternoon Stretches</p> <p>Valentine's Day</p>
<p>10:00 Spirit Mindfulness (TV) 10:30 Chronicles and Snacks 11:00 Finish That Phrase Cards 2:00 Easy Listening Music & Yoga 3:00 Treat Bingo 4:00 Sense & Serenity Hour</p>	<p>Milkshake Monday 10:00 Cardio 10:30 Snacks 2:00 Men's Group Stand-Up 2:30 Snacks & Crafts 4:00 Music Therapy Classical Relaxation Mardi Gras King & Queen Voting Begins</p> <p>Presidents' Day (U.S.)</p>	<p>10:00 Arm Weights 10:30 Snacks 11:30 Mardi Gras Family Social- Live Music, Drinks, Food, & Games Mardi Gras King/Queen</p> <p>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p>	<p>10:00 Leg Day 10:30 Snacks 10:30 Lutheran Devotions 2:00 Finish That Phrase 2:30 Snacks & Drinks 3:00 Sense & Serenity Hour</p> <p>Drink Wine Day</p>	<p>10:00 Yoga 10:30 Snacks 11:00 Catholic Communion w/ Ruben 2:00 Jeopardy Trivia 2:30 Snacks 3:00 Family & Caregiver Support Group Activity Room</p> <p>Chocolate Mint Day</p>	<p>10:00 Cardio 11:00 Activities w/ Nancy 2:00 Dulcimer Paul Concert 3:30 Bake n' Taste Activity-Cookies</p> <p>Cherry Pie Day</p>	<p>10:00 Morning Stretches 10:30 Chronicles and Snacks 2:00 Hand/Face Care 2:30 Snacks 3:00 Balloon Table Soccer 4:30 Afternoon Stretches</p>
<p>10:00 Catholic Mass (TV) 10:30 Snacks 11:00 Chronicles 2:00 Bingo with Autumn! 3:00 Snacks & Drinks 3:30 Hand/Nail Care 4:00 Afternoon Stretches</p>	<p>10:00 Cardio 10:30 Snacks 11:00 Aroma Therapy 2:00 The Ukulele Guy Concert 3:30 Jeopardy and Drinks</p>	<p>10:00 Arm Weights 10:30 Snacks 11:00 Music Therapy- Solid Gold Oldies 2:00 Treat Bingo 3:15 Snacks 3:30 Classical Relaxation</p>	<p>10:00 Leg Day 10:30 Snacks 10:30 LOFT Kids Crafts Activity Room Hour 2:00 Good News Only 2:30 Snacks 3:00 Resident Council Meeting</p>	<p>10:00 Yoga 10:30 Snacks 11:00 Catholic Communion w/ Reuben 1:30 Bus Outing- Lake County Public Library 2:30 Snacks 3:00 Sense & Serenity Hour</p> <p>Pistachio Day</p>	<p>10:00 Cardio 2:00 Bingo 2:30 Snacks 3:30 Activity Room Easy Listening & Sensory Station</p>	<p>10:00 Morning Stretches 10:30 Chronicles and Snacks 2:00 Hand/Face Care 2:30 Snacks 3:00 Balloon Volley 4:30 Afternoon Stretches</p>

Calendars & events are subject to change.